

GET INVOLVED!

LOCAL SCHOOL WELLNESS POLICY

STAKEHOLDER INVOLVEMENT/IMPLEMENTATION/WELLNESS COMMITTEE

Our district would like to permit stakeholders to participate in the development, implementation and periodic review and updates of the local school wellness policy. The permitted stakeholders include but are not limited to teachers of physical education, school health professionals, parents, students, representatives of the school food authority, school board, school administrators, and the public as well as city and county and community organizations. It is highly recommended that the district establish an ongoing wellness committee which may include **you!**

The main elements to include in the wellness policy are to enhance learning and development of lifelong practices.

What is the Wellness Committee?

- The purpose of the committee is to promote student health and reduce childhood obesity.
- Working to achieve Federal and State guidelines
- Update our policy as needed to ensure all goals are met
- Evaluate and discuss changes to benefit our policy and students
- Support our school district, administration, board members, staff and students
- Met all nutritional standards to ensure a healthy future for our students
- Positive - expected outcomes
- Play a critical role in monitoring consistent reinforcement as changes occur

We would like for you to be a part of this process because we care and love our children!

You may reach out to the food Service director, Theresa Rogers at 843-752-7101

Come join US as we continue to serve the needs of our children!

